



# Beyond "Memory" and "Go Fish": Using Books As A Springboard For Planning Therapy

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# Agenda

- Why use books?
- What kind of books?
- How to use books?
- Example 1 - Hungry Caterpillar
- Example 2 - Goldilocks
- Plan your own session!

# Why use books?

- Promote literacy skills
- Familiar activity
- Provide opportunities for repetition
- Provide visual support
- Ease of follow-through at home
- Ease of therapy planning
  - Adds structure/framework
  - Predictable routine
  - Continuity / consistent topic
  - Manipulate story for goals

# What kind of books?

- Familiar/relevant theme
- Repetitive phrases
- Not too complicated
- Ease of retell
  - Clear sequence of events
  - Solid critical elements
  - Good "twist" or "high point"
  - Clear ending

# How to use books

- Be familiar with the story
- Emphasize repetitive parts
- Be prepared for "retell"
  - Props
  - Act out
- Alter the story as needed
  - Character names
  - Tenses
  - Endings
  - Simplify

# Examples

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- Articulation/phonology session
- Mid-language/grammar session
- Later-language/formulation session

# Hungry Caterpillar - /f/ initial

- Hello Song
- Book: "food", "felt", "four", "five"
- Retell with props: same target words
- Food puzzle: "food", "fit", "full"
- Caterpillar Game: "fit"
- Craft: "feet", "food", "four", "five"
- Goodbye Song
- Homework: activity sheet sorting "food / not food"

# Hungry Caterpillar - Grammar

- Hello Song
- Book: plurals, vocabulary
- Retell
- Food puzzle: vocabulary, prepositions
- Caterpillar game: prepositions, possessives
- Craft: vocabulary, plurals, possessives
- Goodbye Song
- Homework: retell activity

# Hungry Caterpillar - Formulation

- Hello Song
- Book: repetitive phrase
- Retell: answer questions
- Caterpillar Game: sequence events
- Snack: sentence formulation
- Craft: sequence events
- Goodbye Song
- Homework: retell sequence

# Goldilocks - /s/ initial

- Hello Song
- Book: "sit", "cereal", "see", "so", "soft", "somebody", "sit"
- Retell with puppets: same targets
- Craft: "six", "cereal", "some"
- Snack: "cereal", "so", "soft"
- Sorting activity: "soft", "so"
- Goodbye Song
- Homework: make cereal at home

# Goldilocks - Grammar

- Hello Song
- Book: model goals
- Retell: past tense
- Mama/Papa Craft: pronouns
- Snack: vocabulary, past tense
- Fisher Price House: vocabulary
- Goodbye Song
- Homework: set table, make bed

# Goldilocks - Formulation

- Hello Song
- Book: model goals
- Retell: sequencing, retell elements
- Puzzle: sequencing
- Snack: formulating questions
- Craft: story retelling, sequencing
- Goodbye Song
- Homework: practise retell with craft book

A spiral-bound notebook with a light beige, textured cover. The metal spiral binding is visible on the left side. The word "Questions?" is written in the center in a black, handwritten-style font.

Questions?

A spiral-bound notebook with a light beige, textured cover. The metal spiral binding is visible on the left side. The text "Now plan your own session!" is written in a black, casual font across the center of the cover.

Now plan your own session!

# References

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- The Very Hungry Caterpillar by Eric Carle  
1987 Philomel Books