

## LEVEL 1: A THREE-PART TREATMENT PLAN FOR ORAL- MOTOR THERAPY

By: Sara Rosenfeld-Johnson, MS, CCC-SLP

Sara Rosenfeld-Johnson's unique tactile-sensory approach to speech therapy uses therapy tools 'disguised' as toys! See how 40 fun-to-use exercises can be used to improve phonation, resonance, and speech clarity. Interactive, hands-on demonstrations will focus on therapeutically sound techniques that develop the muscles needed for improving speech clarity: abdomen, velum, jaw, lips and tongue. Your child and adult clients will actually want to do them because they are fun and they work! (dysarthria/apraxia)

### LEARNING OUTCOMES

- Diagnose oral-motor/feeding/speech problems based on muscle systems.
- List hierarchies for oral dissociation (jaw-lips-tongue).
- Plan a program of therapeutic intervention to address physiological and motor-based articulation disorders.
- Be able to apply at least 10 new therapy techniques.
- Learn to use Oral-Motor techniques to improve individual speech production.

### AGENDA

#### Day 1 8:30am-12:30pm

- A. The Whole Body
- B. Oral Structures
- C. Oral Functions
- D. Movements Necessary for Standard Articulation

#### 1:30pm-4:00pm

- A. Introduction to the Three-Part Treatment Plan
- B. The Feeding Component
- C. Feeding Techniques in Articulation Therapy (used with all ages and ability levels)
- D. Oral Habit Control

#### Day 2 8:30am-12:30pm

- A. The Oral-Motor Exercise Component
- B. Airflow and Phonation Exercises
- C. Velo-Pharyngeal and Resonation Exercises

#### 1:30pm-4:00pm

- A. Facilitating Jaw Movements in Articulation Therapy
- B. Facilitating Lip Movements in Articulation Therapy
- C. Facilitating Tongue Movements in Articulation Therapy
- D. Connecting Movement to Specific Speech Sounds

## Target Audience: SLPs, OTs and CDAs



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### Sara Rosenfeld-Johnson, M.S., CCC/SLP

Sara Rosenfeld-Johnson, M.S., CCC/SLP has more than 30 years of experience as a speech and language pathologist. She has spent the last 20 years perfecting her unique brand of muscle-based (oral-motor) speech therapy with a high degree of success, even where traditional speech therapy has failed. Now she is devoted to teaching others the methods so they can help their clients with difficult-to-remediate articulation problems.

She is the author of *Oral-Motor Exercises for Speech Clarity*, *The HOMEWORK Book*, *the Drooling Program*, *Activities for Kids*, and other educational materials.

Sara founded TalkTools® / Innovative Therapists International in 1995 as a speakers bureau and source for muscle-based (oral-motor) therapy tools. She has held seminars throughout the United States, as well as Canada, Italy, Germany, New Zealand, Australia, Ireland, England and Singapore.

She is the international spokesperson for CHARGE Syndrome and Moebius Syndrome, a member of the National Down Syndrome Congress' Professional Advisory Committee (PAC), and a nationally recognized presenter for Down syndrome and Cerebral Palsy associations. Sara also has been a featured speaker for ASHA (American Speech-Language-Hearing Association) state and national conventions.

The Ithaca College and Columbia University graduate founded Sara R. Johnson & Associates, a clinic specializing in the diagnosis and treatment of clients with muscle-based (oral-motor) feeding and/or speech disorders.

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